Mission: “AORN supports registered nurses in achieving optimal outcomes for patients undergoing operative and other procedures.”

Celebrating 49 years of Perioperative Excellence in the Twin Cities

http://aortwincities.com/

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2017-2018 INCOMING PRESIDENT’S MESSAGE

Hello! I am Rorie Chinnock, your new Chapter President. I have been active in Chapter 2401 for many years as Past President, Board of Directors, Treasurer, and the Nominating Committee. I have also served on many other committees and as a delegate to Expo at least 15 times.

I graduated in the first class from Lakewood Nursing Program in 1976. My nursing career began at St Joseph’s Hospital on a surgical floor but I needed to explore other job opportunities. I took the Post Basic OR course offered by Pat Knowles and FELL IN LOVE with the Operating Room. I worked for three years at Bethesda, where I learned to scrub and circulate. A move to the western suburbs meant a job change for me to Methodist Hospital where I have worked for 35 years. There have been a lot of changes in the OR with equipment and technology over the last 38 years. As we learn these new skills, one thing has remained the same, we are there for our patients and to make sure that they are safe. In order for us to be safe care providers, we also need to improve our wellness and pledge time to take care of ourselves. As we work to be our “best self,” we ensure that we will give safe patient care!

Natalie Walker, our New National President chose “EMBRACE ACTION: MIND, BODY & SPIRIT” as her theme. Her interpretation is “As members of America’s most trusted profession, nurses should be role models for good health and productive living. Just as we have an obligation to our patients, we have an obligation to ourselves and our families to maintain a healthy life balance. We must take care of ourselves first, just like when the flight attendant tells us to put on our own oxygen mask first before helping others. We need to get moving, eat healthier, and get proper rest. We need to embrace action to make that happen, because without action, the healthy lifestyle is only a thought. The five areas of wellness: rest, nutrition, physical activity, quality of life, and safety - are the areas in which we need to focus to achieve the healthiest year ever!”

Plan on attending the Chapter 2401 annual kick-off dinner on Monday, September 11th to hear Lin Bruce and to be motivated to “BE THE BEST WE CAN BE.” The registration form was sent out on ORNurseLink and is found in this issue of the Stereoscope. Then in December our chapter

continued...

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Surgical products designed and manufactured by the Scanlan family since 1921
celebrates its’ 50th year anniversary. Thanks to our founding leaders and all past leaders who have continued in their footsteps to make our chapter successful. We are planning an anniversary party on Monday, December 11th to celebrate. Hopefully we can engage new members and honor past presidents and board members!

I have set up a new email for myself as the president at aornpres2401@yahoo.com. Please feel free to send ideas and comments to me at this email. You can also see upcoming events through National at OR Nurse Link and visit our chapter website at www.aornwincities.com. We have a closed group on Facebook called Twin Cities AORN #2401 of which you can be involved simply by requesting membership. See you in September!
- Rorie

OUTGOING PRESIDENT’S MESSAGE

By Marilyn Westphal, BSN, RN, CNOR

I can hardly believe that my year as President is over. It was a great year of personal and professional growth. I could not have done this without much encouragement and support from Chapter leaders and friends. As I look back I am proud to say that our chapter has grown from 234 members to 328 members in the past year. We offered 22.5 contact hours of education, held 13 business meetings (6 chapter and 7 board meetings), promoted seven community organizations through collections, and two organizations through service projects. I am so proud of what we accomplished as a chapter. There was a variety of interesting and extremely knowledgeable speakers that entertained us throughout the year. I appreciate all the vendors and physicians that served our association in any way!

We are also reaching new people through social media and our website and professional networking. We offered different meeting days/times this year. We engaged and recruited new members through educational scholarships to workshops and the Expo scholarship! There were 18 members of our Chapter that attended Expo in Boston this year. One of the first timers sent me a personal thank you that I would like to share some of the words that really warmed my heart and reconfirmed what a great year it was for me as President. She wrote “Your inclusive nature and mother duck care taking ensured that we were all in the right places and part of the group. Even as a newbie, I felt like I was in the club. It was your encouragement to get involved and setting a high standard for professional nursing that was largely responsible for my decision to attend Expo. You made it appear easy (and fun)!" I will keep these kind words in my mind for a long time. Thank you so much. You know who you are!

With that being said, I could not have hoped for anything more during this year. I challenge everyone to believe in themselves. All of you that belong to this organization are capable of being a leader. Stretch yourself and grow! So many are here to support you on this journey…you won’t regret it! Thanks again for a great year!
- Marilyn

2017 Chapter Challenge - Win $1,000 For Your Chapter

Work as a Chapter to recruit as many new* members as you can to AORN. The chapter that recruits the most new members will be declared the 2017 Chapter Challenge winner, receiving the grand prize of $1,000. The Chapter in second place will receive $500. Your recruits can save $80 on their AORN membership through the AORN Foundation Grant.

Here’s how it works:
Send your new member recruits to the grant application (please note that completing the grant application is not signing up for a membership). The AORN Foundation will review the application. If applicant is approved, AORN Membership will email the applicant instructions on how to join for only $80. You may send the grant application to an unlimited number of recruits. Applicants will receive the discount on a first-come, first-served basis as funds remain. Any applicants thereafter pay regular membership dues, but are still counted as a recruited member towards the grand prize.

Only RNs may apply for the grant. Offer excludes student, retired, and associate memberships and is valid until 8/31/17.

* A new member is anyone who is not currently a member and/or has been lapsed for more than 6 months.
AORN CHAPTER #2401
2017-2018 MEETING CALENDAR

Monday, September 11th
- Fall Kick Off Dinner and Education - (must register)
  - 5:30pm Registration and socializing
  - 6:00pm Dinner / Chapter Welcome / Awards
  - 7:00pm Motivational Speaker and Author Lin Bruce

Monday, October 9th
- 5:30pm Board Meeting
- 6:30pm Chapter Meeting
- 7:00pm Education Hour

Saturday, November 4th
- Fall Workshop (full day) - (must register)

November - Date TBD
- 3M Night

Monday, December 11th
- 50th Anniversary Celebration of our Chapter!
  - 5:30pm Socializing and Appetizers
  - 6:45pm Chapter Meeting
  - 7:00pm Education

Monday, January 8th
- NO Chapter Meeting - Board Meeting Only Via Email or Web X

Saturday, February 10th
- 7:30am Chapter Meeting
- 8:00-10:00am Education
- 11:00am-12:30pm Serve Ronald Mc Donald House Lunch

Monday, March 12th
- 5:30pm Board meeting
- 6:00pm Delegate Meeting /National Ballot Presentation
- 6:45pm Chapter Meeting
- 7:00pm Education

March 24-28
- AORN International Conference and Expo in New Orleans, LA!

Saturday, April 14th
- Spring Workshop (half day) – (must register)
  - 7:30am Chapter Meeting (Including Election of Officers)
  - 8:00am - 12:00pm Education

Monday, May 14th
- 5:30pm Board Meeting
- 6:00pm Socializing / Officer reception
- 6:30pm Chapter Meeting including Installation of Officers
- 7:00pm Education

Monday, June 11th
- 5:30pm Transitional Board Meeting
  - (Location to be determined)

Meeting Location – Children’s Hospital, 2525 Chicago Ave, Minneapolis, MN
Chapter and Board meetings are held in the 2nd floor Education Center

Save the Dates
WHO’S FOLLOWING IN YOUR FOOTSTEPS?
Presented by Laura Gayton, RN, AORN Expo 2017, Boston, MA
Attended and article written by Marilyn Westphal

I first want to say thank you to the chapter for supporting me in my role as Chapter President 2016-2017 and for the opportunity to take a wonderful group of chapter leaders to our National Expo in Boston. The financial support for myself and the delegates is greatly appreciated!

At Expo, I heard Laura Gayton speak about “Who’s following in your footsteps?” She first addressed the issue of the nursing shortage. The average age of the peri-operative nurse is 47 years old. I actually believe that number has dropped some so maybe we are recruiting younger staff to the OR again! I thought it was in the mid 50’s on the last report I saw. With that being said, they report that there will be a nursing shortage of 250,000 by 2025. Currently one-third of the workforce is between 50 and 64 years old. As well, 75% are in leadership roles and will retire by 2020. That’s only 3 years away! The current nursing pipeline is insufficient.

Her presentation was really about succession planning and staff development. It focused on how to retain the best and the brightest and engage staff by mentoring them to the next level. The benefits to your facility are stability and sustainability. “An organization who does succession planning shows that they care about their employees.” If you function in a succession planning environment, you will experience continuity of care, operational effectiveness, qualified and capable leaders, and engagement and retention of employees that enhance quality and safety. Laura described the plan that they use at her facility. She is also happy to share her power point if anyone is interested. Contact her at lagrnbsn@yahoo.com

First, she identified key employees based on their professionalism, desire to learn and grow, and intuitiveness. Next mentoring was discussed at their review. Candidates needed at least 3 years experience in the OR with OR proficiency, their certification (CNOR), a good rapport with surgeons and staff, good attendance, excellent written and verbal communication skills, and self awareness. She also identified those that liked extra assignments, challenging cases, and an interest in learning, taking on the next challenge, and the ability to trouble shoot. After selecting the mentee, one must assess their learning style, topics to learn, goals and activities, and have a spreadsheet or log of the mentoring plan. They will check in with each other about every two weeks to determine if this continues to be the “right fit.” They work to mirror each other’s schedule as to not take vacation at the same time. Role reversal is next where the mentee takes charge and the nurse leader takes a room assignment creating a hands-on role. The mentee will be engaged in learning the clerical side of the role, updating preference cards, revising the surgery schedule, and facilitating special orders. They will participate in the leadership huddle daily at 3pm to preview the needs and concerns for the next day. There is a well defined mentor book that is user friendly with clear tabbed sections, and easy to update. Overall, I believe she said this is a 3 year rolling plan at their facility.

What can be the challenges to mentoring? Of course, there is lack of training time, not enough staff, personality conflicts, inability to resolve conflicts, weak relationships with others, differences in task completion styles, the mentee has other talents, or the mentee finds alternate employment. Even though the mentee has participated in the opportunity, an interview process is still held. This seems to be a staff and surgeon satisfier because they want the similar work ethic to continue. For best planning, they ask for the retiree give at least six months notice. The final 90 day plan includes the emotional intelligence and readiness report and training with human resources management and finance management. Some concerns expressed by the audience were the financial impact of long term succession planning and how to propose this type of plan to your manager. This can be valuable information to our chapter as well as the work environment. This is really an excellent concept that is often overlooked.
Election results are in...

AORN OF TWIN CITIES #2401
2017-2018 Officers, Board of Directors, Nominating Committee

President
Rorie Chinnock (2017-2018) C – 612-710-9651 roriechinnock@gmail.com aornpres2401@yahoo.com

President Elect
Denise Edelmann (2017-2018) C- 651-341-3094 dedelman06@comcast.com

Secretary
Barb Wiemann (2016-2018) C- 651-503-6959 wiebar@comcast.net

Treasurer
Marilyn Westphal (2017-2019) C- 651-307-0268 guywestphal@yahoo.com

Board of Directors
Anne Jones (2016-2018) C- 612-964-8370 anne@annejonesmn.com
Caroline Ness (2017-2019) C- 612-306-6272 cmness62@gmail.com
Michelle Nolander (2017-2019) C- 507-383-6927 michellenolander@gmail.com

Nominating Committee
Leah Van Gorp (2016-2018) C- 612-598-7706 vangorp03@gmail.com
Jane Oksnevad (2016-2018) C- 763-222-7033 janeoks@hotmail.com
Lynette Marks (2017-2019) C- 507-254-5696 marksl@northfieldhospital.org
Stacy Johnson (2017-2019) C- 612-760-4189 angastasia.johnson@allina.com

Education and Workshop Co-Chairs
Cheryl Langford C- 952-212-5228 clangfo1@fairview.org
Barb Wiemann C- 651-503-6959 wiebar@comcast.net

Past President
Marilyn Westphal C- 651-307-0268 guywestphal@yahoo.com

Newsletter Chair
Marilyn Westphal C- 651-307-0268 guywestphal@yahoo.com
I wanted to give the installation a special touch this year so I incorporated a Rainbow / New Orleans theme (Expo 2018). I used “beads and some Mardi Gras masks” to bring color and excitement to the new year and new officers serving our association. …. By Marilyn Westphal

Rainbows are made up of red, orange, yellow, green, blue, and purple. Each one of these colors is exquisite; however, when they all come together to form a rainbow, they become unequaled in beauty. Just as each color of the spectrum is distinctive, each office has specific responsibilities.

The color purple symbolizes the President. Purple represents leadership, greatness, and unselfish efforts. It is associated with royalty or persons of high rank. You have been elected to the highest office in your Chapter. It is an honor and privilege but it comes with many responsibilities. Rorie, may the color purple remind you to give unselfishly as you lead the Chapter as President for 2017-2018.

The color green symbolizes the President Elect. Green represents growth and inspiration. It is important that you observe and learn the workings of the Chapter. You must strive to keep the members in harmony and grow our chapter. Denise, may the color green serve as an inspiration for growth as you prepare to become President in 2018-2019.

The color yellow symbolizes the Secretary. Yellow is bright and optimistic and stands for thought and mental concentration. Keeping accurate records of all the chapter business requires a great deal of thought. Barb, may the color yellow give you the mental concentration and optimism to fulfill your commitment as Secretary for this year.

The color red symbolizes the Treasurer. Red stands for energy, vitality, and perseverance. It is also a sacrificial color indicating one’s willingness to give of oneself. The treasurer gives of themselves in many ways to handle the financial responsibilities of the Chapter. May the color red give me the energy, vitality, and perseverance to fill these obligations.

The color orange symbolizes the Board of Directors. Orange is a vibrant color. Your duties are vital to the officers as you assist them with running the chapter. Anne, Michelle, and Caroline, may orange inspire and assist you to carry out your duties for the chapter during your term.

The color blue symbolizes the Nominating Committee. Blue represents faith, loyalty and inspiration. Blue is also a calming color. The Nominating Committee should become acquainted with the membership and know their suitability for office and secure their consent to serve. Because the officers represent the chapter, we as members like them to be a composite of executive ability, vision, tolerance, wit, and wisdom with an agreeable voice. Leah, Jane, Lynette, and Stacy, may the color blue remind you of the duties of each office as you make selections for the ballot of officers in the coming year.

Members, please know that you are also a part of the rainbow. You are the tints and shades of these basic colors. You bring various talents and skills to this Chapter. You can evolve into any color that you want to become. I ask that you work with your new officers for Chapter 2401 and together you make this chapter a beautiful one!
"FIRST TIME ATTENDEE" EXPO EXPERIENCE

By Leah VanGorp

Going to the 2017 AORN National Conference as a first time attendee was a great experience and I highly recommend it for all OR nurses. I went to it not knowing exactly what to expect, but trusted that the "veteran attendees" from our local chapter would guide me and show me the ropes.

Deciding to go to the AORN conference was initially an easy one. Since 2009, I had been working for a hospital that supported continuing education and gave staff reimbursement for their education expenses. I had been encouraged by my co-workers who had previously attended AORN and it seemed like a great idea. However, in October I switched employers and soon realized that my new employer did not have continuing education reimbursement. It made me question why I would spend my own money to go to a national conference and if it was really worth it to me and to my new employer. But I had to take a step back and acknowledge that I was doing this for my patients. My goals for attending the conference gave me that answer: to gain deeper knowledge and competence, and also provide a higher quality of care for my patients. So this definitely was an opportunity that was one I wasn’t going to miss.

One thing that I was most surprised by when I attended AORN was the quality of education and speakers that AORN provided. Just about all of the education sessions, along with all of the ceremony speakers were outstanding. Not once was I bored, falling asleep, or ready for it to be over. Every session kept me wanting to learn more and apply it to my career when I got home. Over and over I was inspired, challenged, and reminded of why I love being an OR nurse.

Something that I was naïvely not expecting was the amount of sleep I’d be getting, or shall I say not getting? Every evening had a social function and another memory to be made. Going to the Cheers saloon hosted by NorthStar Surgical, the Annual Scanlan party and the huge gathering of OR nurses at the House of Blues all added to the experience! Add that to an early morning education session or even better, the Medline Breast Cancer Awareness Breakfast (seriously was amazing) and you are left with one tired OR nurse!

If I could narrow down my favorite education part of the conference, it was on “Prevention of Surgical Site Infections.” I absolutely love evidence-based practice and there was so much updated important information in that session. I have pages and pages of notes on this one education hour that really pumped me up to bring back to my workplace!

So if you are an OR nurse and you have not thought about attending the AORN National Conference, I want to challenge you to consider it a possibility for 2018. Along with that, what is holding you back from getting involved in our local chapter and AORN at a national level if you aren’t already?

GRATITUDE

Gratitude unlocks the fullness of life. It turns what we have into enough and more.
It turns denial into acceptance, chaos to order, confusion into clarity.
It can turn a meal into a feast, a house into a home, a stranger into a friend.
Gratitude is one of the most powerful emotions that you can practice in your life every day.
There are only two ways to live your life. One is as though nothing is a miracle.
The other is as though everything is a miracle. - Albert Einstein
AORN of TWIN CITIES CHAPTER AWARDS 2016-2017

Each year we recognize those amongst us who have gone the extra mile to support perioperative nursing. Please take this opportunity to nominate someone in our chapter for one or more of the following awards. Deadline for nominations is August 1, 2017.

☐ Outstanding Perioperative Nursing Practice Award

This award has been established to recognize a perioperative registered nurse who is making outstanding contributions to nursing, and is currently employed in the perioperative setting. The recipient of this award should exemplify perioperative nursing using the following criteria:

- Active AORN of Twin Cities chapter member, past or present
- Involvement on the national level i.e. delegate, moderator, town hall attendee, committee
- Board member past or present
- CNOR
- 5-10 year minimum AORN membership
- Demonstrates skills in leadership, education or management in the perioperative setting
- Demonstrates skills as a mentor or preceptor
- Participates in community service activities, activities to promote perioperative nursing, workshops, educational offerings and chapter fundraising
- Attend a minimum of 5 meetings per calendar year.

☐ Distinguished Service Chapter Award

This award recognizes a perioperative registered nurse who has given long-standing service to AORN of Twin Cities at the chapter level. Criteria for this award included the following:

- Board member past or present
- CNOR
- Chapter committee membership or task force past or present
- Member of AORN of Twin Cities for 5 years of more
- Attend a minimum of 5 meetings per calendar year.

☐ Rising Star Membership Award

This award recognizes an AORN of Twin Cities member who has demonstrated leadership and active involvement at the chapter level. The criteria for this award includes:

- Current AORN membership with a minimum of 5 years AORN of Twin Cities chapter preferred or within another chapter identified
- CNOR
- Attend 4 meetings per calendar year
- Supports the vision, mission and core values of AORN at work and in the community
- Recognized for significant participation, leadership and contributions to AORN of Twin Cities

☐ Promising Clinical Star

This award is given to an actively employed RN in the perioperative setting. The nominee should have a minimum of 2 years of perioperative nursing experience. The criteria for this award is as follows:

- AORN membership for a minimum of one year
- Attend a minimum of 4 chapter activities a year
- Active participation in a current chapter committee of AORN of Twin Cities

** Include some additional information that will highlight the proposed nominee. The Awards Committee will do the rest!

Candidate: ________________________________
Your name: ________________________________
Workplace & phone number: __________________

Send to Mary Mirick @ mmmirick@gmail.com or 110950 Von Hertzen Ct, Chaska, MN 55318
AORN #2401 FALL KICKOFF DINNER / EDUCATION

WHEN:  MONDAY, SEPT. 11TH, 2017
5:30-6:00 PM – Registration/ Socializing
6:00-7:00 PM – Dinner / Chapter Welcome / Awards
7:00-8:00 PM – Author and Motivational Speaker – Lin Bruce

Lin’s presentation seeks to remind listeners of their own potential and renew their awareness that ordinary people can accomplish extraordinary things!

WHERE: Children’s Hospital, 2nd Floor Education Ctr
2525 Chicago Avenue, Minneapolis, MN

Attention: Chapter #2401 has received a grant from National AORN allowing us to reduce the cost for all attendees to $25.00 this year! We are also able to award FREE registration for the first 10 Peri-Op 101 students AND for the first 10 new members or first time attendees. If you qualify for either of the FREE registration criteria, please contact Rorie Chinnock, the Fall Kick Off Chairperson / Chapter President before submitting your registration at 612-710-9651 or aornpres2401@yahoo.com. Hope to see you there!

FALL KICKOFF - REGISTRATION FORM DUE BY SEPTEMBER 5th

_____ DINNER AND ONE CONTACT HOUR - $25.00
_____ FIRST TIME ATTENDEE OR NEW MEMBER OR PERI OP 101 STUDENT

NAME: __________________________________________ PHONE: _______________________________
ADDRESS: ____________________________________________________________________________
EMPLOYER: __________________________________________ EMAIL: ____________________________

Make check payable to: AORN of the Twin Cities Chapter #2401

Mail registration form and check to: Rorie Chinnock, 8601 Woodstone Glen, Victoria, MN 55386

AORN of Twin Cities is an approved provider of continuing nursing education by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. The speaker and the planning committee members (Rorie C, Marilyn W, Barb W, and Cheryl L) do not have any conflict of interest or disclosures for the attendees and have completed the appropriate paperwork.
**EDUCATION-SPEAKER REVIEWS**

**March 13th, 2017** – Managing a Healthy Work Environment by Michelle Nolander, MSN, RN - Michelle is the Director of Surgery, Endoscopy, and Outpatient Procedures at Northfield Hospital and Clinics. She spoke about the many stresses that contribute to the work environment for all of us: workload, shift work, staffing, interpersonal conflicts, decision making, additional responsibilities, and the physicality of our occupation. Michelle stressed the importance of actively participating in healthy behaviors such as food choices, exercise, spiritual growth and meaningful relationships that influence our own well being. We each completed our own perceived stress scale, which is the most widely used psychological instrument for measuring the “perception” of stress. Although some of us may have similar stresses, we all perceive it differently. She had completed a research study during her Master’s Degree on this at Mayo Clinic, Rochester. Lessons learned were that life responsibilities compete for time and energy and ultimately decrease efforts and commitment to choose healthy behaviors. Stress reduction falls on the nurse to be willing and able to address their own self care and health promotion activities. And as mentioned prior, stress is generally defined by both the individual’s perception of the demands and their ability to meet those demands through skills and resources. Michelle also provided each of us with a nutritional guide and a list of the “Top 5 Super Foods for Busy Nurses!” Thank you Michelle for presenting to our Chapter.

No April Meeting due to the International AORN Surgical Conference / Expo 2017 in Boston, MA from 4/1-4/5

**May 6th, 2017** – Spring Workshop entitled What’s Up in This Joint? There were four speakers and five CEU’s earned on this Saturday morning meeting. **We started with What’s New with Anterior Cruciate Ligament and Meniscus Tears by Dr. Jason Holm.** Dr. Holm is an Orthopedic Surgeon with Twin Cities Orthopedics. His focus is sports medicine and is especially interested in complex knee reconstructions. He started the presentation by reviewing the anatomy and functions of the meniscus and ligaments and moved into injuries and management of these types of pathology. Diagnosis is made through exam and imaging. Not every situation warrants repair or reconstructive surgery. It is an individual decision based on activity goals, instability, age, pre-existing or associated injury. He shared the general outcomes and limitations following ACL reconstruction. Currently, multiple techniques and grafts are being used. The future for ACL repairs may include stem cells, viral gene therapy, bio-activate agents, bio-scaffolds, and possible 3D tissue printing. Meniscus tears and treatments are also individual to each patient, highly dependent on the tear pattern of the meniscus: longitudinal, horizontal, radial, flap, parrot beak, bucket handle, degenerative, or complex. Treatment options include observation, physical therapy, injections, partial meniscectomy, or repair. When repair is not an option, collagen meniscal implants or cadaver meniscal transplants are an option that most insurance companies are supporting. The audience was very engaged with great questions being asked and answered by Dr. Holm.

Our second topic was **Hip Arthroscopy by Dr. Jason (Jay) Barry.** Dr. Barry is also an Orthopedic Surgeon with Twin Cities Orthopedics. After a good review of hip anatomy, he discussed the pathology and treatment of labral tears and impingement syndromes. There are many types of impingements of the hip related to the ball and socket motion. Hip arthroscopy procedures require a traction device, large C-arm, video tower, and specialty hip arthroscopy instruments. Proper positioning to allow distraction of the joint and prevent patient injuries is critical. Labral repairs of the hip are another common procedure done through arthroscopy. Intraoperative and postoperative complications were reviewed as well as the necessary rehabilitation program with full functional recovery expected by 9-12 months.

Our last physician speaker was **Dr. Edward Kelly on Shoulders 101.** Dr. Kelly is an Orthopedic Surgeon with Twin Cities Orthopedics. He focused on shoulder anatomy and surgical pathology. Shoulders are very prone to injury. It is a complex joint built for mobility not stability. Rotator cuffs are prevalent in 50% of the MRI’s in patients over 60 yrs old, 28% for patients 40-60 yrs old, and only 5% under the age of 40. Repairs can be done as an all-open repair, mini-open with arthroscopic assistance or all arthroscopically depending on the location and severity of the injury as well as surgeon technique. It is imperative to counsel patients on the rehab program after rotator cuff repair and realistic expectations. Other pathology of the shoulder joint including osteoarthritis leading to total shoulder arthroplasty (joint replacement) was presented. Dr. Kelly too discussed the rapid advances in computer assisted planning and 3D modeling to print a guide custom for a patient’s anatomy. “One can virtually perform and plan the surgery before entering the operating room.” In summary, the shoulder continued...
anatomy is very complex; injuries are common; many respond to conservative treatment, surgery is effective, and options are evolving.

Thank you to all the TCO physicians who spoke to our group that morning and wished us all a Happy Nurses Day!

Finishing our Spring Workshop was Dr. Sarah Simmons speaking on Exploring the Future of Operating Room Disinfection Standards. This CEU session was sponsored by Pfielder Enterprises an affiliate of AORN. Dr. Simmons’ emphasis was on how the healthcare environment’s level of cleanliness and disinfection plays a significant role in contributing to a patient’s chance of a healthcare acquired infection (HAI). There are an estimated 722,000 HAIs in the US annually. Surgical site infections account for 157,500 of these patients costing almost $3.3 billion in management and treatment. Most HAIs are considered preventable. We should all consider enhancing the processes of conventional cleaning with emerging no-touch disinfection techniques. A survey of the audience showed several health care facilities do own some type of disinfection equipment but it is not being used routinely in the OR. Multidisciplinary teams, such as infection control, nursing, and environmental services, can work together and assist in improving patient care outcomes by decreasing healthcare acquired infections through improved techniques. Thank you for joining us Dr. Sarah Simmons!

June 12th, 2017 – Management of Radial Head Fractures by Dr. Thomas Varecka - Dr. Varecka is an Orthopedic Surgeon with HCMC and TRIA, specializing in hand and upper extremity. Dr. Varecka discussed radial head dislocation and fractures of the elbow often occurring after a FOOSH (fall on out-stretched hand) injury. Approximately 37,000 injuries occur each year. He explained the Terrible Triad of the elbow which includes dislocation, coronoid fracture, and a radial head fracture. Injuries can cause damage to the soft tissue stabilizers such as the medial and lateral ulnar collateral ligaments of the elbow as well as the bones. Through his slides and videos, we were able to see the mechanisms that occur with an elbow dislocation and treatment. The elbow presents challenges for the orthopedic surgeon that are different from other dislocated joints in the body. Although the elbow can be relocated, more definitive treatment is required to maintain proper function and prevent neurovascular compromise. Various treatment options and methods for other elbow instabilities were discussed including the often mentioned “Tommy John” surgery associated with professional pitchers. Thanks for such an informative night to show the injuries, repairs, and rehabilitation of the elbow to end our year!

SAVE THE DATE – FALL WORKSHOP
SATURDAY, NOVEMBER 4TH
Registration Form and Details to follow.

Dear Friends,

Working with Operating Room professionals around the world since 1921, we recognize your ongoing commitment to patients and their families. Thank you for your continued dedication to providing high quality patient care before, during & after surgery.

Timothy M. Scanlan
President and Chief Executive Officer

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The Constant Control Technology™ feature automatically monitors tissue impedance and adjusts power output to reduce tissue damage and drag. The result is a smooth, clean, accurate cutting effect at the lowest possible settings for maximum patient safety.

Quality, Safety and Reliability
Megadyne’s confidence in the Mega Power Electrosurgical Generator’s exceptional performance and quality workmanship is backed by a full 2 year warranty. Participation in the Partner For Savings program can extend the Mega Power warranty for up to 8 years.

Advanced Cutting Effect (ACE) Mode
Mega Power’s proprietary Advanced Cutting Effect (ACE) mode is designed to provide a scalpel-like cutting effect for minimal thermal necrosis and reduced scarring.

In addition to ACE cut mode, the Mega Power generator provides a variety of standard modes at the push of a button:

- Pure Cut Mode
- COAG 1 Desiccation mode that provides superior hemostasis.
- COAG 2 mode delivers a more gradual coagulation with dissection during surgery.
- Macro Bipolar power setting is designed to provide a scalpel-like cutting effect for minimal tissue damage.
- Spray Mode
- Advanced Cutting Effect (ACE) Mode
- Constant Control Technology™

The Power of Performance
The Mega Power Electrosurgical Generator gives you the power to perform consistently and flawlessly regardless of tissue type.

 Constant Control Technology™
The Constant Control Technology™ feature automatically monitors tissue impedance and adjusts power output to reduce tissue damage and drag. The result is a smooth, clean, accurate cutting effect at the lowest possible settings for maximum patient safety.

Quality, Safety and Reliability
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Safety and Cost Savings in Electrosurgery
Volunteer Leadership Academy Changes to Chapter Leadership Workshop

(Rorie Chinnock, Denise Edelmann, and Barb Wiemann attended during Expo 2017)

AORN National changed up the training for chapter leaders this year by changing the name, location, and condensing the program. In the past, Volunteer Leadership Academy has been held in Denver at the National Headquarters in late May. It was a two-day training session for the incoming President and President-Elect. This year, the event was five hours long and held on Saturday morning along with Expo in Boston. It was re-named the Chapter Leadership Workshop.

There were positive and negative parts to changing the event. The best part was the 300% increase in attendance. In Denver, there were only 50-60 chapters represented and in Boston there was close to 200. It was easier for people to attend and not have the expense of flying to Denver. The negative part was that it was so condensed that there was no time to socialize and network with other leaders.

The workshop was still very helpful with National staff covering incentive programs for chapters and concentrating on recruitment and retention of members to advance the professional practice of perioperative nursing. There was an opportunity to meet in small groups and have a panel discussion on how to re-group and find alternative methods of bringing members together to increase involvement. The Government Affairs Manager highlighted the importance of keeping in tune with what our legislators are doing and how that can impact our nursing practice. One of the speakers talked about generational changes in the workplace and how these changes can best be put in motion for engagement of all our members. It was a very condensed but worthwhile training workshop.

The board of your chapter 2401 is interested in hearing how best to meet the needs of our members in offering meetings, workshops, and social activities to engage more people. Please respond to aornpres2401@yahoo.com with any ideas.
- Rorie Chinnock

Attending this workshop was such an educational and inspiring event. What an uplifting way to start my first experience at Expo and a little overwhelming too! The speakers were so knowledgeable and motivating. It highlighted that our chapter isn’t the only one trying to grow.

Chapter incentive plans and grants were explained. So many good ideas were discussed as to how to build our chapters, retain our members, and continue to grow our chapters and organization. It was so enlightening to hear what our chapters are doing to promote themselves in the community. We also heard about the changes in OR Nurse Link and how we can use this to engage our members.

Too many people such as legislators or hospital board members are trying to change our practice and they have no idea what we do and who we are! We need to keep our organization in the forefront. We also need to realize that we have different needs and ideas. We must realize what we need to do to meet all our needs. AORN has come a long way and we have the knowledge and power to meet the future and the future is US!
- Denise Edelmann

Three speakers, Amy Kirshenbaum, Melissa Hedman, and Jess Bohn gave a membership update to attendees at the workshop. They stated the Chapter plays an integral role in the advancement of perioperative nurses in their professional development and career. Recruitment and retention of our members is every member’s responsibility!

OR Nurse Link is evolving. There is a dedicated team to resolve issues and work on the site. OR Nurse Link is a resource center; tools are available; and upcoming events are posted. There is a direct link to a Resource Library and you can chat with other members in your chapter, state, or across the country. Topics of discussion currently on OR Nurse Link are: Betadine irrigation on the sterile field, job descriptions for RNAs, and the use of Periop 101 and several more. Topics for discussion can be centered around a practice issue, novice nursing, career and professional development, and leadership or management. You will find a collection of peer resources uploaded by members of the AORN community that might be helpful. It is a great way to network with your colleagues. For instance, we received a message through OR Nurse Link for each chapter’s activities with registration forms. The key is you must sign on to OR Nurse Link to receive these messages. Please if you haven’t used this tool, go now and sign on to aorn.org and click on OR Nurse Link and sign in. You won’t be disappointed!
- Barb Wiemann
The Power Starts with YOU! Bringing your BOLDEST Self
Presented by Kimberly Richards
Attended by and article written by Michelle Nolander, MSN, RN

Our 2018 AORN Global Surgical Conference & Expo theme is Embrace Action: Mind, Body & Spirit. Kimberly Richards, a phenomenal speaker engaged our mind, body and spirit through her presentation on work-life balance. One of the most powerful quotes she spoke to was “We are healers, so unload the baggage!” We need to, as a profession, learn to unload our baggage. Let’s stop comparing how busy we are and not make it a competition. Kim states “we are all worthy of being happy, healthy caregivers.”

So how do we take the advice that Kim has given to us, utilize our AORN theme of Embrace Action: Mind, Body & Spirit and make a change? With the tools Kim gave to us! Lifestyle is responsible for about 85% of chronic illness. Kim explained there are six pathways of self-care that we must evaluate and change to reduce that unfortunate statistic. These include: physical, mental, emotional, spiritual, relationships and choice.

Our physical self. When is the last time you took 5 minutes for yourself? 10 minutes? Right now… do a full body scan. Where do you feel tension? Where do you ache? If you are like me, and I imagine you are thanks to the physical demands of our jobs, I feel it most in my neck, back, and feet. What are some things you can do for your physical well-being?

Next on the list is our mental health. Oh boy. Have any of you taken a mental time out recently? The new apple watch has a great feature that reminds you every so often to take in deep breaths for a minute. It guides you through a very short breathing exercise. You have the option, when prompted, to participate or ignore it. Today, like most days, I have ignored each prompt. What if I just took the minute to re-center myself? What if we each took a minute to ourselves to refocus?

Emotional status. Every single one of us has it held together, 100% of the time 7 days a week, am I right? Exactly. What if we just took a few minutes, each day, to do an emotional check? How are you feeling? What is causing those feelings? Are there some things we can simply let go?

Spiritual needs. Whatever this may mean to you, have you filled up your spiritual cup? In my life, this is one of the first things I put to the side. It is the easiest to put on the back burner and “get to it later.” Find what fills up your cup and pour yourself a big drink.

Relationships are so important. We spend majority of our day with our co-workers. Being mindful of our relationships with each other at work is equally important as maintaining harmony at home. How are your work relationships? How are your relationships with your friends and family? When you spend time with them, are you present? Are you in the moment or is your mind elsewhere?

Finally, we get to the big one. The mother of all lifestyle choices. The power of choice. When you went through the five previous categories, how many of those things are choices? What can we do to allow ourselves time and grace to make the choices we want to make?

We are a population of approximately 3.7 million nurses. We have the power to change our work environment and profession by Embracing Action: Mind, Body & Spirit one day at a time.
AORN of Twin Cities #2401
Expo Delegate Application for Congress 2018, New Orleans, LA
(Dates of Expo are March 24th - 28th, 2018)

Criteria needed for application:
1. Active member in AORN for 2 years, local chapter participation for 1 year
2. Minimum of 12 points accrued (5 points from each category I and II; other 2 from any, I, II or III)

I submit the list below on which I have calculated the points for my activities from July 1st, 2016 through June 30th, 2017 (Place the total points for each activity on the line provided and add the total number at the end).

CATEGORY I: CHAPTER BUSINESS MEETING ATTENDED
1 point per meeting - Check the months you attended

<table>
<thead>
<tr>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>May</th>
<th>Jun</th>
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CATEGORY II: BOARD MEETING ATTENDED - 1 point per meeting
Check the months you attended

<table>
<thead>
<tr>
<th>Aug</th>
<th>Oct</th>
<th>Dec</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>Jun</th>
<th>Transitional</th>
</tr>
</thead>
</table>

COMMITTEE MEETING ATTENDED - 1 point per meeting
Place # of committees (from below in box with the # of times met if more than once)

<table>
<thead>
<tr>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Jan</th>
<th>Feb</th>
<th>M/A</th>
<th>May</th>
<th>Jun</th>
</tr>
</thead>
</table>

SERVES as ELECTED or APPOINTED OFFICIAL
Board Officer - 5 points
Board of Directors - 3 points
Nominating Committee - 3 points

STANDING COMMITTEES:
Chair - 3 points, Co-chair - 2 points, Member - 1 point
#1. Finance
#2. Community Relations
#3. Legislative
#4. Certification/Awards
#5. Bylaws/Policy
#6. Task Force
#7. Workshop
#8. Membership

Chair - 5 points, Member - 2 points
#1. Education
#2. Newsletter

PARTICIPATION IN CHAPTER SPONSORED ACTIVITIES
Fund Raising Activities - 1 point per event
List Activities:

Chapter Workshop Attendee - 1 point per workshop
OR Nurse Day/Week - 2 points per day or event
Community Relations - 2 points per day or event
Contributor to chapter newsletter - 2 points per article
Facility contact person - 1 point
Speaker at chapter sponsored educational activity - 2 points
Historian - 1 point
Tellers - 1 point
Auditor - 1 point

CATEGORY III: OPTIONAL
Recruitment of new member or former member who lapsed for 12 months - 2 points per member
Chapter Perfect Attendance Recipient (previous year): 2 points
CNOR/CRNFA - 3 points per each
Membership in another nursing organization or specialty group 1 point per group

List organizations
Attend nursing related college course - 1 point per course
Perioperative Community Promotional Activity - 1 point per activity
List Activity: I. O.: Facility OR Nurse Promotion, Public Speaking Event

MNA Convention representative - 1 point

National Participation
Officer or Board of Director - 7 point
Nominating Committee Member - 5 points
National Committee Chair - 5 points
Specialty Assembly Governing Council - 5 points
Membership in Specialty Assembly - 1 point per
Facility contact person - 1 point
Submit article to a professional journal - 4 points per
National AORN seminar or workshop
Speaker - 5 points, Attendee - 1 point per day
Moderator - 2 points
Session assistant - 1 point

Other Professional Nursing Activities - 1 point per activity (CPR, ACLS, PALS, BP checks, Class at your facility etc.)
List activities

TOTAL POINTS as calculated by member.

Signature Date

Any questions or concerns about points, please consult any Board member.

Must be postmarked by September 30th, 2017

Mail to: Rorie Chinnock
AORN of TC #2401 President
8601 Woodstone Glen
Victoria, MN 55386

OFFICE USE ONLY

Total points

Verified by
COMMUNITY RELATIONS SUMMARY
Written by MaryKay Boell

As chairman of Community Relations, I would like to thank our chapter for their outstanding efforts and generosity. The financial contributions collected during our chapter meetings is greatly appreciated. The time spent volunteering at Feed my Starving Children and the Ronald McDonald house is also making a difference in people’s lives.

Financial donations were collected for: Second Harvest Food Bank (September, $260.00), Augsburg College of Nursing Free Clinic (October, $78.00), Feed My Starving Children (January, $100.00), Mobile Lunchbox/ Eagan Open Door Pantry (June, $125.00). Thirty-five toys were collected for the Toys for Tots drive at the Fall Workshop. Some members donated pillowcases for the organization “Ryan’s Case for Smiles” at Expo in Boston. If you can sew, please google the organization for instructions on how to make them. We will help get them there. They continue to collect them every year at Expo!

Service events were well attended. On December 12, 2016 we served pizza, salad, fruit, and cookies at the Ronald McDonald House located within Minneapolis Children’s Hospital. Participating in the Cook for Kids program is an enjoyable and a fun evening! Please join us in the future if you have not been a part of this service event. After the January Jam, several chapter members and their families were busy packing meals at the Feed My Starving Children, Eagan and Coon Rapids locations. This was also a fun event to help starving children in other countries.

The chairman of Community Relations is a great way to be involved with our amazing chapter. I have had the role for the last 3 years. I am always looking for new ideas or suggestions on ways to benefit our community. If a member of our chapter is interested in finding a way to be more involved, please consider taking over community relations as the chairman. Thank you in advance. Any questions regarding this role, please do not hesitate to email me at mkboell@yahoo.com. Remember, we all do have the power to make a difference in someone’s life!

- Mary Kay

**SUPPORT SECOND HARVEST GREATLAND WITH A MONTERY DONATION AT THE FALL KICKOFF EVENT! ALL DONATIONS ARE MATCHED DURING SEPTEMBER BY UNITED HEALTHCARE! YOU CAN DOUBLE THE DIFFERENCE THAT YOU MAKE IN SOMEONE’S LIFE**

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Phone: 612.387.2880
eric.cheng@clorox.com
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Look for “all courses,” 60 minute webinars/pdfs on a variety of topics, 1 CEU each.

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Click on education at the top, select from a variety of courses, look for those that provide CE. You will have to register before accessing the material.

www.cardinalhealth.com
Search “education,” there are 20+ CEUs on topics related to OR, Sterile Processing, and Infection Prevention.

http://www.halyardhealth.com
Search continuing education. Courses presented can also be found on Pfiedler site.

$$$$ MEMBERSHIP DUES $$$$

Did you know……..

Each year when you renew your membership with National AORN and choose our chapter (#2401), we receive a portion to maintain our chapter functions. If you renew for one year, we receive $20 for that year. If you renew with a two or three year membership, we receive $40 or $60 respectively at the time of renewal. Therefore, our chapter funds may fluctuate greatly from year to year dependent on types of renewals and time of renewals.

For lifetime members, $20 is deposited with their initial payment. After that, no money is collected for the local chapter, but the member will continue to be a chapter member for life!

For retired and student members, no local chapter money is collected, but they remain a member of the chapter without payment.

National reports that Chapters can chose to charge those members dues if they would like.

The Board has discussed this for the past few years. We have decided to send out letters rather than invoices to our lifetime and retired members. We recognize your dedication to our profession by your commitment to become a lifetime member or stay active as a retired member but we ask that you consider a donation of $20 annually to help support our chapter and mentor our young membership. As you know we provide education monthly and need to pay speakers and that we also provide assistance to attend Expo. It takes 55 paying members to support one delegate each year. Supporting fundraising events also helps our chapter. The letters will be coming out in the next few weeks. If you chose to donate now (or later), please send a check made out to AORN #2401 to our current treasurer, Marilyn Westphal, 3157 Doneene Lane, Eagan MN 55121.

Thank you in advance for any consideration or donation!
Highlights of Recent Chapter Meetings
Written by Barb Wiemann, Secretary

Chapter Meeting - May 6th, 2017

• 18 AORN of Twin Cities nurses attended AORN Congress/Expo in Boston. It was a successful event; several first timers came home exhausted but had a very positive experience.

• The Chapter received our chapter membership number (275) which will be the starting point for the chapter’s accountability scoring time frame. Our 2016 CAS was submitted in January 2017.

• Deb Warren’s last day with National in the Membership Services was May 5th. She had been very helpful to our chapter on several occasions. The new contact will be Andy Mickelson.

• The National 2017 Incentive Plans were described to the membership. The plan is to help chapters retain, recruit, and engage members in chapter activities. Details of the definitions are listed below:
  ➢ Retain: If 82.5% current members renew their membership, the chapter will be compensated two Congress/Expo registrations in 2018.
  ➢ Recruit: Our chapter is listed as an intermediate chapter. We need to recruit 30 new members for a $375 direct deposit to our checking account from National. (Different chapter sizes vary with number of recruits they need to get deposit).
  ➢ Engage: Create a fun experience (new community or social event or a happy hour). We can receive $125 per event (2 in one year) from National. We need to document event with pictures and a sign in sheet as proof. Ideas for our chapter are our celebration of our chapter’s 50th anniversary in December or a graduation party for the Periop 101 students.
  ➢ Chapter Foundation grants are available to help chapters with member growth, speakers, travel and/or mentoring other chapters, $500-$1000. There is application to apply with purpose and need, and different size chapters have different criteria.*

* Name changed for the national Nominating Leadership and Development Committee (NLDC) now be the Nominating Committee. National changed the name at Congress and we will echo that change in our Bylaws.

Chapter Meeting - June 12th, 2017

* We had a successful Spring Workshop on May 6th, attended by 42 nurses.

* There will be a survey monkey to assess needs and wants of the chapter; please participate when you receive it.

* The National Town Hall meeting was rescheduled to June 14th; topics will include OR Nurse Link, Chapter Accountability Standards (CAS) reports and calculations, Chapter Leadership workshop recap, attracting new members and guideline essentials demonstration. Rorie Chinnock, next year’s President, will report on this in the fall.

* Marilyn Westphal, President reviewed her goals from 2106-17. The chapter membership grew from 234-328 and utilized new means of communication; a chapter website, Facebook, a facility mailing list, and OR Nurse Link. We saw new faces and new members participating in events and on the ballot this year. Congratulations Marilyn on your success with your goals.

* Marilyn also reviewed her year as President:
  ✓ Provided 22 contact hours in educational sessions through chapter meetings and workshops.
  ✓ Community outreach through donations to seven organizations and volunteering at Feed My Starving Children and the Ronald McDonald House.
  ✓ Continued to spread AORN through social media (Twitter, Instagram, & Facebook, website creation through Scanlan, and increased mailings of the Stereoscope (electronic and ground mailings to 45+ facilities).
  ✓ Held six chapter meetings with six business meetings, a delegate meeting with several first time attendees to Expo. The transitional Board will be held in two weeks. This year we skipped 3 chapter meetings and held a Saturday “January Jam” meeting with a business meeting. 21 nurses attended. Also held one Board meeting as an email discussion with board and officer members responding to each other.

* The Fall Kickoff September 11th is being planned. The chapter received a $1000.00 grant from National for the event. The speaker will be Lin Bruce, a motivational speaker from Northfield. Her presentation will be “YES I Think I Can!” The grant money for the event will pay for the first 10 first time attendees and the first 10 perioperative 101 students to register. Registration and social time will begin at 5:30pm at Children’s Hospital Education Center, 2nd floor. Registration fee is $25.00. Please look for the registration form for the Kickoff in the next Stereoscope and on OR Nurse Link.
• Need speaker ideas for next year. September is Lin Bruce; October is Anne Jones, RN on legislative issues for MN; November @ 3M; December will be our 50th chapter anniversary. Current membership is at 328 members.

• Anne Jones reported a nursing staff bill was introduced during Nurses Week on staffing ratios. The Democrats and one Republican are supporting the bill. The uninsured is down by 4.3% at the National level. Medicare is devastating half of the budget surplus on the uninsured.

• Writers are needed for the speaker summaries and any other articles of interest for our Stereoscope.

• Seeking a new chair for the Community Relations Committee for next year.

• Deadline to submit nominees for awards will be August 1st. Please see the Stereoscope for nomination forms.

• Seeking a new chair or mentee for the Awards/CNOR Committee for next year.

• An email address for the Chapter President was created: aornpres2401@yahoo.com

Installation of NEW and returning officers and Nominating Committee are President: Rorie Chinnock, President-Elect: Denise Edelmann, Treasurer: Marilyn Westphal, and Secretary: Barb Wiemann. Board of Directors: Michelle Nolander, Caroline Ness, and Anne Jones. The Nominating Committee: Lynette Marks, Stacy Johnson, Leah VanGorp, and Jane Oksnevad.

Highlights of Recent Board Meetings
Written by Barb Wiemann, Secretary

Board Meeting - February 13th, 2017
* The January Jam held January 7th was successful. It offered 7 contact hours and 22 members participated in the event.
* Marilyn Westphal, President, received a letter from AORN Foundation. They are trying to collect $20,000 from chapters by the end of 2017. Our chapter check for 2015 for $250 was never cashed. Faye sent a check for $500 already for 2015 & 2016.
* The bylaws proposed change of Article XII Dissolution was passed at the January 7th, 2017 chapter meeting.
* IMS Education certificates are available for distribution. Clorox Healthcare certificates from January Jam are available online.
* A discussion was held regarding the chapter needs to investigate in getting a pay service for workshops etc. Several individuals did not attend in the fall due to our chapter not accepting a pay pal transaction.
* The chapter was suggested to do a survey monkey in regards to the changes this year in chapter meetings, Mondays versus Saturday with 3 topics. Caroline has offered to design the survey.

Board Meeting - April-May, 2017
• Legislative update: Health care legislation this session, so far, has consisted of two bills intended to shore up the individual market, GOP push to dissolve the MNsure marketplace, and an initiative from Gov. Dayton to allow more people to “buy in” to Minnesota Care. Opposed by the GOP.

Board Meeting - June 12th, 2017
• Spring Workshop was held May 6th with 42 nurses attending. Good reviews were received.
• The survey monkey will be coming. Discussion included keeping the questions simple and short otherwise members will not answer or start it and not finish it. It was discussed to tell the members how long the survey would take to complete it prior to them starting it. We would like the survey to tabulate itself. The survey will includes topics meetings times and days, forms of communications, member demographics, etc.
• The National Town Hall meeting was rescheduled to June 14th; topics will include OR Nurse Link, Chapter Accountability Standards (CAS) reports and calculations, Chapter Leadership workshop recap, attracting new members and guideline essentials demonstration.
* Marilyn Westphal will be editor for the Stereoscope for 2017-18.
* Leah Van Gorp will continue to head up social media for 2017-18.
* Next Chapter Meetings: September will be the Fall Kickoff meeting but no actual business meeting October 9th will be the first chapter business meeting for 2017-18.