Hello Everyone,

I am your new Chapter President for 2016-2017. My name is Marilyn Westphal and I have 34 combined years of Operating Room experience, 16 years as a Surgical Tech (LPN), and 18 years as a Registered Nurse. I have filled many roles and served on many committees throughout the years. I have also worked many different shifts, call hours, hospitals systems, and ambulatory settings around the Twin Cities during that time. The Operating Room is my passion!

I received my Associates Degree in Nursing from Inver Hills Community College in 1998 and my Bachelors Degree in Nursing from Bethel University in 2015! I have been involved with AORN since 2004 and obtained my CNOR in 2006. I continually strive to improve myself and my profession so I look forward to a challenging and exciting year serving our chapter. Thank you for your nomination and support.

A good leader surrounds themselves with strong people so I know this will be a successful year as I look at the Board and Officers working with me!

Over the past two years, I have had the privilege of attending the Volunteer Leadership Academy (VLA) at AORN Headquarters in Denver. First of all, it is very exciting for me to see the corporate offices and meet other nurses and business people that lead our organization on a national level. It is also fun to network with other chapters and leaders to gain valuable insight that will benefit our local association. Thank you to our chapter for sending me and our President-Elect, Rorie Chinnock, to this learning opportunity. It is a continued...
motivating experience. There is consideration to move VLA to Expo in the spring to open this opportunity up to any attendees at national rather than just the President and President Elect. I think many members could benefit from this and I hope you will consider attending Expo and VLA in the future!

The national theme from Martha Stratton for the upcoming year is “The Power of You” written within a hexagon. The hexagon was chosen because it has the strongest structure. During the two- day seminar, we took time to reflect on our own potential and to challenge each of us to “own our practice.” Nursing is one of the most respected degrees to obtain. We are all well educated and skilled individuals and we need to capitalize on our knowledge. OR nurses find strength from their heart…just think of some of your call nights! We have a passion within us like no other group of nurses. We are driven; the OR is a family of like-minded people coming together for a common good. We are committed…we never give up. Patience is also a virtue; tolerance, listening, caring, and supporting others. I hope each of you will take some time to look at yourself and your practice and realize how valuable you are to your patients and your profession.

Last year, we had a new location for our meetings. We are set to meet at Children’s Hospital and Clinics in Minneapolis, 2525 Chicago Avenue South throughout 2016. They have a beautiful Education Center located on the 2nd floor as you enter the hospital from the green parking ramp off of 26th Street.

We also expanded to Facebook last year. The page is Twin Cities AORN #2401. This is a closed group. Just send a request to join and Leah VanGorp does the rest! OR Nurse Link has provided challenges to the association communication at a local and national level. We are looking at different options for communication, social media, and web-based conferencing to overcome those hurdles. I would love to hear from all of you as to your preferred method of communication to strengthen our chapter. Hopefully all of you have received a test email from me in the last few weeks.

My focus this year is to connect with people, to get people interested in our chapter again, and to make meetings more interactive. Participation is not an option but a necessity. We value what each person can bring to the organization. I am really looking to reach younger members and learn what they value and how we can meet their needs to grow individually and professionally. In October, I plan to have an open forum to discuss generational differences. If you have time over the summer, please read the book, Knowing Y: Engage the Next Generation Now, by Sarah L Sladek. I have started reading this book and I am beginning to understand how Generation Y thinks. After all, I have two of them right in my own family!

Other important events to mark on your calendar include the Fall Kickoff Dinner which will be held on Monday, September 12th. Registration for this event is in this issue! The topic will be presented from one of our own chapter members on Why Nurses Eat Their Young. The statistics show that many nurses are leaving the profession within their first year of employment. We need to understand why and stop this cycle. Monday, October 10th will be our open discussion as mentioned above. The fall workshop will be held on Saturday, November 12th. The topic will be presented by Integrated Medical System (IMS), a division of the Steris Company on Equipment and Instrument Management. This is open to RNs, techs, SPD, Endoscopy nurses, and management. You do not need to be a member of AORN to attend any of our meetings. I am looking forward to kicking things off this fall and weaving new ideas into the chapter! On behalf of Chapter #2401, we welcome you and I hope you will join us!
President’s Farewell
By Jane Oksnevad

It seems like I just started my year as President and here I am writing my farewell message already. I may be done with the Presidency, but I still have some work to do to finish my goals from this past year, which I will continue through the membership committee. I will also stay active on the Nominating and Leadership Development Committee. It was a transforming year in new initiatives like scholarships, monthly education, communication techniques, and door prizes to boost engagement; but our chapter membership and attendance at our meetings continued to decline. Maybe our strategy needs to change and we need to take a look at what works and what does not.

One of my goals was to recruit new members through social media and to maintain current ones with new communication techniques. I am happy to announce that Chapter #2401 is now a member of Facebook and we have utilized it throughout the year to post communications and highlights! We encourage you to join the 56 that have already become members of this closed group.

We have also established “Communication Liaisons” at each facility in which we have chapter members. These liaisons are the contact person for communication and they have established a central board where AORN chapter notices are posted. I have personally visited several hospitals and ASCs to encourage membership and attendance at monthly meetings.

Another one of my goals was to offer two scholarships to encourage greater participation by new members. We offered a CNOR preparation scholarship and a first-time attendee scholarship for the Surgical Expo. Unfortunately, neither one was awarded. However, eight delegates still traveled to the Surgical Expo in Anaheim, which is always a great experience that we wanted to share with a first timer. At the Expo, Cheryl Langford, one of our very active members, was elected to the National Nominating and Leadership Development Committee (NLDC). Barb Wiemann is also serving on the National Awards Committee. Congratulations to both!

Thank you to Marilyn Westphal, my President-Elect, and all the Board, Officers, Committee Chairs, and Chapter #2401 members for your support this year. I couldn’t have done it without you. We continue to “Thrive Through Transformation” which was our national and local theme for the past year.

Digital Resources – 2016 Volunteer Leadership Academy (VLA)
Denver, Colorado By Rorie Chinnock

It is an unavoidable fact that the best way to communicate with the members in our chapter is through social media. The use of social media has many advantages in communicating not only with present members, but future members as well. The use of social media increases communication by promoting the following ideas:

#1. Be More Visible - Potential Chapter Members gravitate towards Social Media

#2. Show your Passion for your Profession

#3. Teach and Learn to share best practices

#4. More Contacts - More Opportunities - It’s actually not who you know, but who knows you!

#5. Remain Relevant - The more you know, the safer your patients are!

The ultimate goal is coming together in whatever means possible to provide the safest patient care!
March 14th, 2016 - Dr. Tenner Guillaume spoke on Early Onset Scoliosis: Why Do We Care & How Is It Managed? Dr. Guillaume is an Orthopedic Surgeon at Gillette Children’s Specialty Healthcare. He started the presentation with defining scoliosis as a lateral deviation of the spine and of a curvature greater than 10 degrees. Early onset is described when a child is between 8 to 10 years of age. There are multiple causes of early onset including idiopathic: either infant or juvenile. It may also be caused by neuromuscular conditions, syndromic which includes chromosomal abnormalities, congenital or thoracogenic issues. Dr. Guillaume reviewed each of the types with case studies. He reinforced that the goals of early management are to minimize further spinal deformities and complications, maximize thoracic volume and function, and to include considerations of child development. Very informative!

April 23rd, 2016 - Our Spring Workshop entitled April Showers Bring Hot Topics featured four speakers on a beautiful Saturday morning. Dr. Robert Hartman from the Twin Cities Orthopedics spoke on Robotic Assisted Joint Replacement Surgery, and described the use, precision, and accuracy of robotics in orthopedics especially related to the bone cuts in joint arthroplasty. It was a great review of knee anatomy and osteoarthritis. He discussed non surgical and surgical treatments of the knee joint in the past and present, and proceeded to demonstrate future trends. This minimally invasive technique enhances patient outcomes and recovery times. He answered many questions from the captive nursing audience, as many of us feel the effects of years of hard work on our legs, joints, and feet. He briefly talked about robotics for hip replacement surgery as well.

The second speaker, Scott Peterman from LDR Spine, presented on the Mobi-C Cervical Disc Replacement now available for one and two level cervical spine surgery. Approximately 1.1 million patients each year in the U.S. alone suffer from symptomatic cervical spine disease that could lead them to surgery such as a cervical fusion vs. total disc replacement. Neck anatomy and pathology were reviewed for a basis of understanding the treatment options. The Mobi-C technology is designed to replicate the natural cervical motion as a significant benefit over fusion surgery.

The third speaker was Nancy Kirchner, MAN, RN, the SPHM Coordinator from Minneapolis VA Medical Center. She talked about Safe Patient Handling and Mobility (SPHM) in the Peri-operative Setting. She incorporated the AORN Safe Patient Handling Toolkit into her presentation. She defined many high risk patient handling tasks that occur in the peri-operative setting and provided possible solutions. Patient handling is risky business because patients are often times asymmetric, awkward to handle, have no handles, and cannot be held close to our body during handling. Patients are delicate and prone to injury if dropped. Patients are larger, sicker, and more physically dependent on staff and often do not realize their limited mobility status when ill. Healthcare workers are the only profession that thinks 125 pounds is light and that we can do a one man lift. One caregiver taking care of five 200 pound patients could lift as much as 1.8 tons in an 8 hour shift! Besides the safety of our patients, we need to keep our staff and their backs safe as well. Thirty five lbs is the recommended safe weight limit for one individual. There are many ergonomic tools available to do the job properly now. We must change the culture of patient handling.

Kelly Wellbrock, a Senior Quality Care Consultant from Care Fusion, was our last speaker. Her topic was Quality Care in Surgery: Peri-Operative Standardization. She spoke continued...
about the impact of quality issues in healthcare. She identified risk factors in surgical care and discussed the benefits of standardization to improve quality. Her focus was with skin preparation processes. Healthcare Associated Infections (HAIs) kill nearly 100,000 people per year and cost the U.S. close to $35 million dollars annually...quite significant numbers!

May 9th, 2016 - Dr. Susan Wheaton is the Laboratory Medical Director at the Allina Medical Clinics in Minneapolis and Golden Valley. She spoke on designing **Massive Transfusion Protocols** for bleeding and non-bleeding practices. She described the “massive transfusion protocol” definition as greater than four units of RBCs in one hour, blood loss greater than 150ml/minute with hemodynamic instability, or the need of ongoing transfusions. Dr. Wheaton explained that anyone in the emergency situation can call for the “massive transfusion protocol” by making the correct statement to the lab and then they reconfirm the massive transfusion. She defined the difference between empiric and tailored protocols. Empiric is based on an algorithm and tailored is based on what the individual needs. The protocol is used for bleeding patients such as trauma, medical, or surgical. It is also used for non-bleeding patients such as unstable GI bleeds, post partum bleeding, AAA, hypotension with the concern of internal bleeding, and a spine patient or a surgical such as a CV patient coming off the pump. It was an excellent presentation and very well received by members present.

June 13th, 2016 - Dr. Michael Butcher spoke on **Andrology and Surgical Sexual Medicine.** Dr. Butcher is the Director of the Sexual Medicine Department and Head of Male Infertility Division at Park Nicollet. Andrology is the branch of physiology and medicine that deals with diseases and conditions specific to men. It includes sexual medicine, male infertility, and benign prostatic diseases. He reviewed the surgical procedures that can be done for male infertility: varicocele, bilateral varicocelectomy, and vasectomy reversal (vasovasostomy or vasoepididymostomy). He also included male diseases that could be corrected surgically which included Peyronies disease (curved penis), venous fistulas, arterial insufficiencies, radical orchietomy (for chronic pain) and priapism. It was a very interesting presentation especially since the majority of members present do not perform these types of cases at their facilities.

### Free Perioperative CEUs 2016

- [http://www.pfriedlerenterprises.com](http://www.pfriedlerenterprises.com)
  A variety of courses free that are 1-2 credits each, complete online and print your own certificate.
- [http://www.medlineuniversity.com](http://www.medlineuniversity.com)
  Go to Medline University, register on their site. They now have over 250 free CEUs.
- [university.steris.com](http://www.university.steris.com)
  There are multiple study guides to choose from, each with a test and 1 CEU. Create your own personal account to access the material.
- [www.us.3mlearning.co.uk](http://www.us.3mlearning.co.uk)
  Look for “all courses,” 60 minute webinars/pdfs on a variety of topics, 1 CEU each.
  Click on education at the top, select from a variety of courses, look for those that provide CE. You will have to register before accessing the material.
- [www.cardinalhealth.com](http://www.cardinalhealth.com)
  Search “education,” there are 20+ CEUs on topics related to OR, Sterile Processing, and Infection Prevention.
- [http://www.halyardhealth.com](http://www.halyardhealth.com)
  Search continuing education. Courses presented can also be found on Pfiedler site.
FALL KICKOFF DINNER/EDUCATION
AORN OF TWIN CITIES - CHAPTER #2401

WHEN: MONDAY, SEPT. 12TH, 2016
5:30-6:00 PM –Registration/Socializing
6:00-6:50 PM-Dinner/Chapter Introduction/Awards
7:00-8:00 PM – Speaker

WHERE: Children’s Hospital, 2nd Floor Education Ctr
2525 Chicago Avenue, Minneapolis, MN

Topic: WHY NURSES EAT THEIR YOUNG
Presenter: ELLEN ANDERSON-MANZ, MSN, RN,

Did you know......that a high percentage of new nurses leave their jobs and career within the first year of graduating? What are we doing to include and engage the next generation of nurses as well as retain current nurses in this work environment? The objectives for this night are:

- Define the types of workplace violence at different levels
- Describe overt and covert bully behaviors
- Use action steps to confront bullies

FALL KICKOFF - REGISTRATION FORM: 1 CEU / DINNER - $30.00 – DUE BY SEPTEMBER 5TH

NAME:____________________________________ PHONE:______________________________
ADDRESSS:________________________________________________________________________
EMPLOYER:________________________________ EMAIL:_______________________________

Make check payable to: AORN of the Twin Cities Chapter #2401
Mail registration form and check to: Marilyn Westphal, 3157 Doneene Lane, Eagan, MN 55121
Any questions or concerns can be directed to guywestphal@yahoo.com or 651-307-0268. See you there!
A big shout out and thank you to Marilyn Westphal, Alyce Brekke, Kris Delfun-Peterson, her friend Nancy, Kathie Adams, and Kathie’s daughter-in-law Elizabeth, Cheryl Langford, Rorie Chinnock, MaryKay Boell, and MaryKay’s friend, Cordy. On Sunday, May 15th they served lunch to 65 people at the Ronald McDonald house located inside Children’s Hospital. The house serves families of children receiving treatment at Children’s in Minneapolis. The Cook for Kids program that we participate in serves over 4,500 families a year at the four Ronald McDonald House locations in the Twin Cities.

After a long day in the hospital and seeing your child ill, families can look forward to a “home away from home cooked meal.” We received many compliments on our Taco Bar. The families are very appreciative of the giving of our time, and are very grateful for the food we served.

A few of the families shared their stories with us as we mingled. There was a family from north of Bemidji whose baby was airlifted to Children’s Minneapolis for respiratory distress. Another family shared that they were told by the medical staff to gather their family and prepare to say their goodbyes to a baby with cardiac issues. Volunteering a few hours of our time is minimal in comparison to what the families at RMH are facing on a daily basis.

At our May monthly chapter meeting, we also had collected $65.00 that allowed us to purchase items (breakfast cereal, granola bars, peanut butter, and jelly, etc) for the pantry at RMH in addition to the meal we served. Serving a meal at the Ronald McDonald House is a rewarding experience. I hope you can join us in the future as we continue our involvement with the Cook for Kids Program. KUDOS and thank you again for volunteering at the Ronald McDonald House!
If you missed us at the AORN Surgical Conference & Expo in Anaheim, and would like to receive your Complimentary 2016 AORN Charm
Please contact us at info@scanlangroup.com and visit us at www.scanlaninternational.com or find us on social media!

GERTEN’S PLANT CARD FUNDRAISER!

Visit our link at https://www.gertens.com/cart/aorn-of-the-twin-cities.html and purchase plant cards in denominations of $25, $50 or $100 that are sent directly to your home. When you purchase, 11% comes back to our organization. Just need a little planning ahead of your shopping or can be given as a gift! Great for all your gardening needs year round! For use on live plants, shrubs, or trees (not for gift shop or retail purchases).
The Power of Performance
The Mega Power Electrosurgical Generator provides the power to perform consistently and flawlessly regardless of tissue type.

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The Constant Control Technology™ feature automatically monitors tissue impedance and adjusts power output to reduce tissue damage and drag. The result is a smooth, clean, accurate cutting effect at the lowest possible settings for maximum patient safety.

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Megadyne's confidence in the Mega Power Electrosurgical Generator's exceptional performance and quality workmanship is backed by a full 2 year warranty. Participation in the Partner For Savings program can extend the Mega Power warranty for up to 8 years.

Advanced Cutting Effect (ACE) Mode
Mega Power’s proprietary Advanced Cutting Effect (ACE) mode is designed to provide a scalpel-like cutting effect for minimal thermal necrosis and reduced scarring.

In addition to ACE cut mode, the Mega Power generator provides a variety of standard modes at the push of a button.

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One coupon per instrument. Coupon not accepted if at time of payment must accompany order as original coupon; no copies accepted. Coupon becomes 25% discount on all service totals below $400.
First I would like to say a huge “THANK YOU” for all your support, well wishes, and votes that elected me to be on the National AORN Nominating & Leadership Development Committee (NLDC) for 2016-2018. I am honored to serve you on behalf of MN and the Midwest! Two other new members were elected the NLDC this year as well, Brandi Miller and Reuben Barrios. There are five members total and the past president. We had orientation the day after Expo while in Anaheim and also attended the Volunteer Leadership Academy in May which included the Board of AORN and chapter leaders. Nominations for potential candidates for a 2017 National Office in AORN took place until May 23rd, and then those members nominated by their peers were called by one of the NLDC members to ask if they were interested in pursuing a nomination for 2017. Wow, sounds crazy that we are working so far ahead for 2017, but really, the next Expo is not that far away! Have you requested for time off for the next Expo in Boston, MA from April 1-5, 2017? The week at Expo is so inspiring and energizing; you have to experience it to believe it!

Want to become more involved in AORN opportunities locally or nationally? If you answered yes, please feel free to contact me at any time and we will connect and chat. There are so many great opportunities. Locally with our Chapter, AORN of Twin Cities Chapter 2401, we have multiple committees such as membership, education & workshop, finance, community, newsletter/communication, and awards. Every year, we also hold local elections for positions on our board of directors, nominating and leadership committee, secretary/treasurer (opposite years), and for president elect. All positions are for a two year term. Serving locally is a great way to meet new perioperative RNs, hear some wonderful local speakers on engaging perioperative topics, and get involved in some really fun committee and volunteer work such as the Ronald McDonald House, Toys for Tots, and Feed my Starving Children organizations.

Another outstanding opportunity to become more involved is to go to Expo as a Twin Cities Chapter Delegate to the Congress Sessions. As a chapter delegate you receive some money towards your Expo expenses and commit to attending the business meetings (Congress) that take place during Expo (meet the candidates, the house of delegate sessions, and forums which typically end up taking about 6 hours total of your time during Expo). You must also write an article for our chapter newsletter - which is what you are reading now- called “Stereoscope.” To attend Expo as a Chapter Delegate there is a form to fill out, this form is in this Stereoscope. Please consider this for 2017. It is like a sneak peek into how National AORN is run and I guarantee once you try it, you will be hooked and want to get more involved. Just ask Marilyn or Mary Kay! They went as chapter delegates a few years ago, served on our chapter NLDC and now Marilyn is our chapter president and Mary Kay is very active with organizing our chapter community relations.

With National AORN there are many opportunities to volunteer in as well as committees and task forces that you can become involved with. Go to www.aorn.org and then “communications and government affairs,” then “get involved” and then “volunteer.” Also read your AORN Journal, Periop Insider, and watch for emails for future opportunities. The upcoming president advertises each spring as to which committees and task forces will need members for the upcoming year. The applications can then be turned in to National Headquarters. This year Barb Wiemann is the chair for the National Awards Committee! Thank you Barb for all your hard work and dedication to AORN!

continued...
Don’t forget that you can submit member names for awards at both the local and national level. We would love to honor our chapter members for all they do. Please consider submitting at least one name for the local awards listed in this newsletter, as well as a national award that will be communicated to all shortly via email, your journal, and Periop Insider.

I challenge each of you to bring a co-worker to a meeting this upcoming year and to also reach out to your student RNs or periop 101 RNs and get them to a chapter meeting. Let’s strengthen our chapter- AORN of Twin Cities- with the power each of YOU have!

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Fairview Ridges Nurse Speaks, Shines at National

Congratulations to Cheryl Langford, RN, Clinical Informatics Specialist and Endoscopy Nurse Manager at Fairview Ridges Hospital. Cheryl was elected April 6 to the Nominating and Leadership Development Committee (NLDC) of the Association of periOperative Registered Nurses (AORN).

As part of the election process, Cheryl developed and presented a speech to several thousand people during a national candidate forum. She credits the public speaking skills she learned through a Fairview Organizational Development and Learning class with giving her the confidence to shine on stage.

“My continued enthusiasm and passion for perioperative nursing motivated me to run for the NLDC,” says Cheryl. “I’ll strive to use my leadership and perioperative expertise to encourage, motivate, and influence others to grow personally and professionally as I network, collaborate, and advocate for excellence and safety for our perioperative nursing practice and our patients.”

AORN represents the interests of more than 160,000 perioperative nurses by providing nursing education, standards, and practice resources to enable optimal outcomes for patients undergoing operative and other invasive procedures. The responsibilities of the NLDC are to solicit and receive nominations for potential candidates for all elected positions, prepare and present a slate of candidates to serve for all elected positions, and establish effective processes for the development of members to serve in leadership roles at all levels of AORN. (Cheryl is second from the right in the right hand photo).
AORN of TWIN CITIES CHAPTER AWARDS 2015-2016

Each year we recognize those amongst us who have gone the extra mile to support perioperative nursing. Please take this opportunity to nominate someone in our chapter for one or more of the following awards. Deadline for nominations is August 7th, 2016.

 Outstanding Perioperative Nursing Practice Award
This award has been established to recognize a perioperative registered nurse who is making outstanding contributions to nursing, currently employed in the perioperative setting. The recipient of this award should exemplify perioperative nursing using the following criteria:

- Active AORN of Twin Cities chapter member, past or present
- Involvement on the national level i.e. delegate, moderator, town hall attendee, committee
- Board member past or present
- CNOR
- 5-10 year minimum AORN membership
- Demonstrates skills in leadership, education or management in the perioperative setting
- Demonstrates skills as a mentor or preceptor
- Participates in community service activities, activities to promote perioperative nursing, workshops, educational offerings and chapter fundraising
- Attend a minimum of 5 meetings per calendar year.

 Distinguished Service Chapter Award
This award recognizes a perioperative registered nurse who has given long-standing service to AORN of Twin Cities at the chapter level. Criteria for this award included the following:

- Board member past or present
- Chapter committee membership or task force past or present
- Member of AORN of Twin Cities for 5 years of more
- CNOR
- Supported local chapter through community activities, service projects, chapter fundraising workshops, educational offerings.
- Attend a minimum of 5 meetings per calendar year

 Rising Star Membership Award
This award recognizes an AORN of Twin Cities member who has demonstrated leadership and active involvement at the chapter level. The criteria for this award includes:

- Current AORN membership with a minimum of 5 years AORN of Twin Cities chapter preferred or within another chapter identified
- CNOR
- Attend 4 meetings per calendar year
- Supports the vision, mission and core values of AORN at work and in the community
- Recognized for significant participation, leadership and contributions to AORN of Twin Cities

 Promising Clinical Star
This award is given to an actively employed RN in the perioperative setting. The nominee should have a minimum of 2 years of perioperative nursing experience. The criteria for this award is as follows:

- AORN membership for a minimum of one year or within another chapter identified
- Attend a minimum of 4 chapter activities a year
- Active participation on current chapter committee of AORN of Twin Cities

Include some additional information that will highlight the proposed nominee. The Awards Committee will do the rest.

Candidate: ____________________________
Your name: ____________________________
Workplace & phone number ____________________________

Send to Mary Mirick @ mmmirick@gmail.com or 110950 Von Hertzen Ct Chaska, MN 55318
AORN of Twin Cities #2401
Expo Delegate Application
Boston, MA – April 1st-5th, 2017

CONGRESS 2017: (Activity during July 2015-June 2016)
Criteria needed for application:
1. Active member in AORN for 2 years, local chapter participation for 1 year
2. Minimum of 12 points accrued (5 points from each category I and II; other 2 from any, I, II or III)
I submit the list below on which I have calculated the points for my activities from July 1, through June 30, of the previous educational year. (Place the total points for each activity on the line provided and add the total number at the end.)

CATEGORY I: CHAPTER BUSINESS MEETING ATTENDED—1 point per meeting—Check the months you attended.

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CATEGORY II:
BOARD MEETING ATTENDED --1 point per meeting
Check the months you attended.

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<th>May</th>
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COMMITTEE MEETING ATTENDED—1 point per meeting
Place # of committees (from below in box with the # of times met if more than once)

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SERVED as ELECTED or APPOINTED OFFICIAL
Board Officer-5 points
Board of Directors-3 points
Nominating Committee-3 points

STANDING COMMITTEE:
Chair-3 points, Co-chair-2 points, Member-1 point
#1. Finance #5. Bylaws/Policy
#2. Community Relations #6. Task Force
#3. Legislative #7. Workshop
#4. Certification/Awards #8. Membership
Chair-5 points, Member-2 points
#1. Education #2. Newsletter

PARTICIPATION IN CHAPTER SPONSORED ACTIVITIES
Fund Raising Activities—1 point per event

List Activities:

- Chapter Workshop Attendee-1 point per workshop
- OR Nurse Day/Week-2 points per day or event
- Community Relations- 2 points per day or event
- Contributor to chapter newsletter-2 points per article
- Facility contact person-1 point
- Speaker at chapter sponsored educational activity-2 points
- Historian-1 point
- Tellers-1 point
- Auditor-1 point

CATEGORICAL III: OPTIONAL
Recruitment of new member or former member who lapsed for 12 months-2 points per member
Chapter Perfect Attendance Recipient (previous year): -2 points
CNOR/CRNFA-3 points per each
Membership in another nursing organization or specialty group-1 point per group
List organizations
Attend nursing related college course-1 point per course
Perioperative Community Promotional Activity-1 point per activity

List Activity: i.e.: Facility OR Nurse Promotion, Public Speaking Event

- MNA Convention representative-1 point
- National Participation
  - Officer or Board of Director-7 point
  - Nominating Committee Member-5 points
  - National Committee Chair-5 points
  - National Committee Member-3 points
  - Specialty Assembly Governing Council-5 points
  - Membership in Specialty Assembly-1 point per
  - Submit article to a professional journal-4 points per
  - National AORN seminar or workshop
    - Speaker-5 points, Attendee-1 point per day
  - (previous year delegate excluded from points for attending)
  - Moderator-2 points
  - Session assistant-1 point
  - Other Professional Nursing Activities-1 point per activity
    - CPR, ACLS, PALS, BP checks, Class at your facility etc.

List Activities:

TOTAL POINTS________ (as calculated by member)

Signature________________ Date________________

Any questions or concerns about points, please consult any Board member. Must be postmarked by September 30th, 2016

Mail to: Marilyn Westphal
3157 Doneene Lane
Eagan, MN 55121

OFFICE USE ONLY
Total points________
Verified by________________
The business meetings’ goals and objectives are to discuss and make changes around issues and trends impacting our perioperative nursing practice. As a delegate you are obligated to attend all business meetings at EXPO.

**First Forum, Saturday April 2nd:**

**AORN Syntegrity® Perioperative Documentation Solution**

The procedure list and perioperative nursing documentation content that is utilized within an Electronic Health Record. In 2015, $375,000 was made and returned to AORN. In the future they will continue to standardize the content at the point of care, and are developing a unique device tracking identification work such as screws implanted where the ID numbers are hard to identify.

**BSN or higher degree in Nursing for Candidates running for National Board of Directors**

The National Leadership and Developing Committee led this discussion. Based on surveys of 10,000 members, the NLDC recommended this be a requirement for candidacy by 2020 in alignment with the Institute of Medicine Future of Nursing recommendation and ANCC. There will be further discussion with the membership.

**Go Clear – AORN’s Program and Award to Eliminate Surgical Smoke**

AORN developed a comprehensive approach to ensure a smoke-free environment wherever surgical smoke is generated to protect patients, colleagues and staff’s safety. The Go Clear Award, supported by Medtronic through the AORN Foundation, recognizes healthcare facilities committed to a surgical smoke-free environment for their perioperative team and patients. You can look for more information at aorn.org/goclear

**First House of Delegates: Monday April 4th:**

**Delegates registered for meeting 2240**

The NLDC reported that 135 names were submitted for the national ballot last year. Of that number 39 submitted applications and 20 names were placed on the ballot. The committee continues to emphasize their goal to attract qualified candidates for office and their desire to increase engagement in the election process among the members.

Multiple chapter awards were given at 3 levels of chapter sizes and the Chapter of the Year was AORN of Las Vegas. A new chapter was formed this past year: Chapter 3417, Carolina Blue of Chapel Hill, North Carolina.

**AORN Foundation Report:** The foundation had their eighth straight year of profits, a very successful year of growth revenues by eight percent. They contributed 2.6 million dollars to AORN and expect continued success in 2017.

**Second Forum, Saturday April 4th:**

**Young Professional Panel Discussion,** 4 young nurses who have been practicing for 3 to 7 years, described as the “workforce of our future.” They were asked varying questions including what AORN can do for the younger nurses: their answers included mentoring the young on leadership in AORN as co-chairing, in hospitals, have managers take them to different types of leadership meetings and mentor them of various aspects of hospital
leadership. Include more marketing on the national level; provide more opportunities to get involved. Embrace technology including better apps for magazines, pod casts, virtual meetings, etc. Inspire the college students now, have more than one day in the Operating Room, and give them information on getting involved.

**Volunteering:** Martha Stratton reviewed the number of applications received for committees and taskforces posted in the March Insider. Of the 7 committees and 17 openings within AORN only 19 applications were received. Due to the low numbers, AORN is going to look at improving the process for the next year. Martha stressed that education levels are not a requirement for most committees other than research.

**Three-year term for Board of Directors:** Ruth Schumacher discussed the idea of a 3-year term versus the current 2-year term. This topic was brought to the membership for discussion only and would have to be taken to the national bylaws. There is a steep learning curve for officers and you just “hit your stride at the end of your term.” Look for more on this subject.

**A sharing of one chapter’s success story, AORN of San Antonio:** David Taylor informed the membership of how their chapter was talking of disbanding for the lack of funds and members. Their idea of a winter symposium included invitation to multiple nurses outside of surgery and non-AORN members. The day included 66 attendees, 27 vendors and 64 company representatives. Breakfast, lunch, dinner and cocktails were provided for all. They maximized their time for education and networking with their business partners. Their net profit was $40,000. The payoff included new AORN members, better working relationships, and they are on solid financial ground. He suggested to “think beyond the traditional ways.”

**Second House of Delegates: Monday April 6th:**

**President’s Report:** (Renae Battie) Highlights included a new website, Instagram, 2 successful Town Halls, 5 new guidelines, Ambulatory Insider newsletter, AORN was quoted 2000 times on nursing practices, development of Core Award and Go Clear Award. 24 states passed OR Circulator Bills and 1 state for RNFA reimbursement.

**Executive Director’s Report:** (Linda Groah) 2015 - increased professional development with 19 CE’s offered in the October Journal. A membership campaign had a positive result of 175 new members. Pfiedler Enterprises was bought. In 2016, there were 6 regional workshops, 10 Nurse Executive Services seminars and the start of a 3-year campaign to eliminate surgical smoke. In 2017, they will partner with another organization “Healthy Nurse with Vital Smart” to answer 3 questions; Am I treated respectfully? Am I giving what I need to care for my patient? And am I recognized and thanked for what I do?

**AORN Foundation Report:** (Larry Aspin) This year 154 Expo grants given out, 70 scholarships, 6 CNOR grants and funds toward new guidelines, tool kits and webinars etc. totaling $1,495,336.00. This year at Expo $200,000 was raised with every member donating $25.00.

**Government Affairs:** 2015 successes included RN Circulator bills passed in North Carolina, South Dakota & Rhode Island; and a RNFA reimbursement approved for the state of New York. The committee monitored over 115 bills and regulations. Legislative representatives received 2500 letters for Time Out and Perioperative Nurse Week.

**New Business:** Christy Wheeler (NLDC) brought forth an amendment to the BOD that stated that CNOR be required for all elective offices for national. It was seconded and approved by the House.

continued...
Teller’s Report: 2010 ballots were casted. Election results:
NLDC: Brandy Miller, Cheryl Langford & Ruben Barrios
BOD: Elizabeth Pincus, Carrie Simpson Thomson & Dawn Yost
Secretary: Holly Ervine
VP: Missi Merlino
President Elect: Nathalie Walker

This year there was not a lot of business transactions that took place at the 2-business meetings, but there was a lot of reports and future issues for our organization. The 63rd House of Delegates was adjourned on April 6th, and next year’s Surgical Conference and Expo will be held in Boston, April 1-5th, 2017. Hope you are interested in being a delegate, you will learn a lot of what is happening at the national level!
Submitted by Barb Wiemann, RN
Minnesota. I’ll have to revisit this thought in January. There were also representatives from the military branches and from travel nursing companies.

Of course AORN had a booth containing information sessions on how to get the most out of our ORNurseLink site. They also had Simulation Sessions this year for Malignant Hyperthermia. This appeared to be very popular. Fun activities were also available to do; photos booths to send images of you and your friends in California beach scenes. One booth you could take a photo posting the name of the person that inspired you to be a nurse. If you were really in a crafty mood you could make paper flowers to decorate a wedding dress made out of the paper that is used in Sterrad envelopes.

New to me this year was that AORN provided coffee, tea, soda, cookies, and bars in the morning and in the afternoon in the exhibit hall. Needless to say even with all the walking I did I did not lose weight at the Expo.

As you can imagine there was a lot going on and I haven’t even begun to talk about the education piece. Throughout the exhibit hall there are mini sessions going on about all different topics. You have to do a little planning to be able to be at the correct place at the right time, and it is so easy to be sidetracked by something that looks interesting, but if your goal is to obtain contact hours, you must be disciplined. I was able to attend six such sessions, I did get sidetracked a time or two, for a total of 12 CH. The topics varied from: reducing infection in colon rectal surgery, reducing patient anxiety, proper storage of sterile supplies, skin adhesives, nasal decolonization, and the action of retraction with a guest appearance from Dr. Bookwalter.

Another formal education piece of the exhibit hall is the take home booklets. You have until May 22nd to read these booklets and send your information into Pfiedler. There are probably at least 30 of these available from the different vendors. Some of the topics that I found interesting were; What do we need to know about cellular dermal matrices? Are you flexible? A new perspective on intraoperative endoscopy, Osteobiologics: bone physiology and healing, surgical tourniquet safety, and using rigid containers in the OR.

In addition to all great information and personal attention that you get from the industry partners during the Expo, they follow up with you. If you have a question they can’t answer, they will try to find out and generally e-mail you further information if you wish. You can get great hands-on experience with many different products which may be new to the industry or just new to you. I took home 22 contact hours without even being too disciplined. All in all, it was a pretty great time!
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<th>OFFICERS AND BOARD</th>
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<td><strong>Nominating and Leadership Development Committee</strong></td>
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**Volunteer Committees to consider:**
- Awards and Certification
- Bylaws and Policies
- Community Relations
- Membership
- Finance
- Communications
- Legislative/Historian
- Education for Workshops/Chapter Meetings

If you ever have a topic of interest or a speaker to suggest, please contact Cheryl Langford, Barb Wiemann, or Marilyn Westphal
## Membership
There are membership discrepancies between the National Chapter Roster and the ORNurseLink site; therefore, we are having difficulty with communicating with all members effectively. Please try to personally keep both sites updated for yourself. Marilyn Westphal has been working on this with Deb Warren at National since last fall. We hope to see changes in effect soon. Current membership ended at 233 chapter members.

## Awards & Certification
Awards committee has met and will be reconfiguring the chapter awards. There will be four award categories: Outstanding Perioperative Nurse, Distinguished Service, Rising Star, and Promising Clinical Star. The awards submission form is enclosed and due by August 7th, 2016. Awards are given at the Fall Kickoff Dinner/Program on Sept. 12th. If you have any questions regarding the awards, please direct to Mary Mirick at mmmirick@gmail.com

## Bylaws & Policies
The policies and bylaws committee will be meeting July 18th for the annual review and update of the documents. Changes will be presented to the chapter at the October meeting.

## Community Relations
March collections of monetary donations and personal items were presented to Augsburg School of Nursing/Clinic by MaryKay Boell. Food and monetary donations were accepted at the Spring Workshop and May meeting and were taken to the Ronald McDonald house where we served lunch on May 15th. June donations of $130 were given to the Mobile Lunch Box program at [www.openpantry.org](http://www.openpantry.org). We love everyone’s participation and new ideas! Considering switching to all monetary donation. Often only a few items are collected and difficult to make the donation with only a few items. Treasurer will collect the funds at the end of the night and write one check from our account for the donation.

## Education & Workshops
The Spring workshop was held on Saturday, April 23rd from 7:30-12:30. There were four speakers. See the education/speaker article for more information on content. There were 36 paid attendees which exceeded our goal of 35! Our Fall Kick Off and Fall Workshop speakers are coming together. See the Fall Kick off registration form in this edition to get in on this exciting start to our new year. See the Fall Workshop “Save the Date” in this edition for more details. We are always looking for new topics and speakers! Please contact Cheryl Langford or Barb Wiemann with your ideas. We are also looking to add another Saturday workshop in the coming year!

## Finance
Income fluctuated with membership dues, fundraiser activities, and spring workshop proceeds. Expenses occurred from speaker fees, the fundraiser costs, scholarships, and miscellaneous workshop expenses. From the transitional board meeting at the end of June, our budget showed many items in the expense column that are not being used, and therefore will be removed for next year. Income was also down slightly. Overall though we still managed to stay nicely on budget. Our total annual income was $13,687.38, and annual expenses totaled $13,616.95; leaving us with a $70 gain in our ending balance of $19,860.98. New budget proposed and discussed, and it will be brought forward for board approval in August.

## Nominating & Leadership
Ballot was filled by our March 14th meeting. The uncontested nominees are Rorie Chinnock for President Elect, Barb Wiemann for secretary, Anne Jones for Board of Directors, and Leah Van Gorp and Jane Oksnevad for Nominating and Leadership Development. This was posted in the Spring Stereoscope edition. It was voted on in the May meeting and new officers were installed at the June meeting.

## Legislative
No new information

## Newsletter
The current information deadline was June 20th for the July 1st submission to Scanlan, and Marilyn Westphal will continue to be the editor through this issue. The next deadline is Oct 20th for the November 1st submission to Scanlan. Caroline Ness will be taking over after submission of this edition so Marilyn Westphal can fulfill her Presidential duties.

## New business
New meeting ideas are proposed for the coming year. Hear about it at the Kickoff on Sept 12th!
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